

2024-03-02 SA Equipped Bench Press Championships 2024

SA Record

Women	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	BP-1	BP-2	BP-3	Best BP	Place	IPF GL Points	Best lifters	Qual for SA Team
Subjunior	Chante Mulder	EC	F-SJ	67,60	69	Nov-06	85,0	87,5	-90,0	87,5	1	50,64	SJ	Q
	Anika Maree	EC	F-SJ	74,20	76	Jul-06	67,5	72,5	77,5	77,5	1	42,71		Q
Junior	Chante Mulder	EC	F-J	67,60	69	Nov-06	85,0	87,5	-90,0	87,5	1	50,64	J	Q
Open	Farzana Botha	G	F-O	51,80	52	Oct-85	65,0	70,0	-72,5	70,0	1	48,66	O	1bb
	Lize-Mari de Beer	G	F-O	82,80	84	Oct-00	70,0	77,5	82,5	82,5	1	43,32		
Master 2	Elisabeth Barry	EC	F-M2	51,40	52	Mar-73	40,0	42,5	45,0	45,0	1	31,48	M2	
Master 3	Heather Leighton	G	F-M3	68,60	69	Jun-64	65,0	67,0	69,0	69,0	1	39,61	M3	Q

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Men	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	BP-1	BP-2	BP-3	Best BP	Place	IPF GL Points	Best lifters	Qual for SA Team
Subjunior	Ferde Botha	EC	M-SJR	65,40	66	Jun-08	95,0	100,0	105,0	105,0	1	45,99	SJ	Q
Open	Craig Masson	G	M-O	116,70	120	Nov-81	210,0	217,5	226,0	226,0	1	67,16		Q
	Haroun Pietersen	G	M-O	116,10	120	Oct-87	195,0	-205,0	-205,0	195,0	2	58,06		
	Simon Breetzke	G	M-O	155,30	120+	Jun-78	-245,0	245,0	265,0	265,0	1	72,90	O	Q
	John Crain	G	M-O	126,30	120+	Dec-69	210,0	215,0	222,5	222,5	2	64,36		Q
Master 1	Craig Masson	G	M-M1	116,70	120	Nov-81	210,0	217,5	226,0	226,0	1	67,16		Q
	Simon Breetzke	G	M-M1	155,30	120+	Jun-78	-245,0	245,0	265,0	265,0	1	72,90	M1	Q
Master 2	Yaniv Lacob	G	M-M2	72,70	74	Dec-74	112,5	115,0	-120,0	115,0	1	45,48		
	Hermanus de Beer	G	M-M2	114,50	120	Apr-70	155,0	165,0	175,0	175,0	1	52,38		Q
	John Crain	G	M-M2	126,30	120+	Dec-69	210,0	215,0	222,5	222,5	1	64,36	M2	Q
Master 3	JC Bruce	WC	M-M3	65,50	66	May-61	82,5	85,0	-87,5	85,0	1	37,17	M3	
	Andre Ludik	EC	M-M3	105,20	120	Jun-57	70,0	0,0		70,0	1	21,72		
Master 4	Dan Oppenheim	G	M-M4	80,60	83	Jun-45	80,0	90,0	100,0	100,0	1	36,36	M4	